



“Being a parent is a wonderful experience and I couldn't be more happy to be one. I couldn't have done this without the Young Parent Program. They helped me with what to expect and what's to come in the future for my child.”
 – Tranae, Young Parent group and Home Visiting participant



“Every milestone we have passed has given me joy and pride in my healthy and growing daughter. With the help of the Family Resource Center, we were able to let go of some of our fear and learn almost everything we needed to know about how to raise a child.”
 – Tori, Home Visiting and Baby & Me participant

“The times that I have received support are innumerable! They range from discipline to eating issues to potty-training ideas. It is nice to hear other parents have gone through some of the issues that I am going through and I don't feel like I'm the only one struggling.”
 – Clare, Play & Learn participant



New Initiatives in 2015

In 2015, Family Resource Center St. Croix Valley incorporated a parent questionnaire about Adverse Childhood Experiences, or ACEs, into the Home Visiting program. National research has shown that childhood events significantly impact adult behavior and health, and statewide studies have indicated a prevalence of ACEs among families in our service area.

Staff administer the questionnaire in an effort to better understand the needs of our clientele, and educators have reported an increased ability to show compassion and increase goal achievement. Overall, 55% of respondents scored 4 or greater (on a scale of 10 being highest) and 24% scored 8 or higher.

A Snapshot of ACEs reported:

58% of parents experienced substance abuse in their childhood homes



50% grew up with someone suffering from mental illness



38% experienced sexual abuse as a child



23% of parents had a household member go to prison



Parent Café Partnership

In the fall of 2015, Family Resource Center St. Croix Valley joined together with Child Care Partnership, Adulteen Counseling and Supporting Families Together Association to launch Parent Cafés in St. Croix County. Parent Cafés are a community response to the prevalence of ACES and toxic stress and focus on building resiliency in families.

Utilizing a framework of “Protective Factors,” Parent Cafés create an avenue for parents to come together to talk, to listen, and to support others with stressors, worries and challenges that many have struggled with alone. Research from the Center for the Study of Social Policy (CSSP) and Strengthening Families™ of Illinois shows that when Protective Factors are present in a family, that family is stronger and those children are safer. The Parent Cafés support parents in building friendships and a strong network of families who help each other stay strong!



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2015 ANNUAL REPORT

Our Mission:

Our mission is to strengthen children, families, and communities by offering education, resources, and support. We accomplish this through Hospital Visits, Baby & Me classes, Play & Learn groups, Home Visits, a Young Parent program and a resource and referral network.

Program Evaluation

Play & Learn participants:

- 98% of parents reported that Play & Learn helped them to enhance their parent/child relationship and better understand their child's stages of development.
- 98% of parents said that the program provided the opportunity for their child to communicate emotions and begin to learn and respond to others' emotions.

Home Visiting participants (after 2 years):

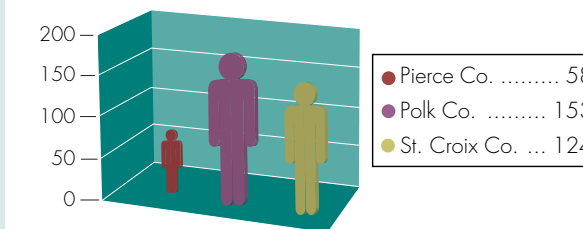
- 100% of parents learn and begin to anticipate their child's developmental changes, and provide for and play with them according to their needs (initial assessment: 29%).
- 100% of parents protect their children from injury by providing a safe home and car, seeking and using information appropriate for their child's age (initial assessment: 68%).
- 87% of parents read to their children daily, choosing books that interest their child and are age-appropriate (initial assessment 41%).
- 100% of families keep well-child visits with the same provider (initial assessment: 87%).
- 100% of children's immunizations are complete and up-to-date (initial assessment: 92%).

Program Statistics

Parents receiving Hospital Visits.....	1063
Participants in group meetings.....	586
Group classes offered	22
Families receiving Home Visits.....	132
Home Visits completed	1266



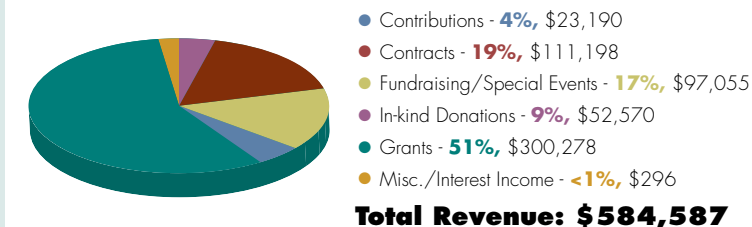
Home Visiting Participation by County (Individuals)



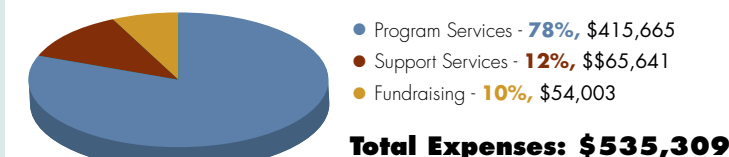
Home Visiting Family Characteristics

- 84% had low income levels
- 32% were teen parents
- 28% were struggling with a mental illness
- 24% had unstable housing or were homeless

2015 Revenue



2015 Expenses



Financial statements are audited by CarlsonHighland & Co., LLP

TOTAL ASSETS:
\$501,369

LIABILITIES:
\$30,270

NET ASSETS:
\$471,099

FAMILY RESOURCE CENTER ST. CROIX VALLEY

857 Main St, PO Box 2087, Baldwin, WI 54002 • 715-684-4440 • www.frcscv.org



Family Resource Center St. Croix Valley is a funded partner of United Way St. Croix Valley and a Success By 6 vendor.

THANK YOU TO OUR SUPPORTERS

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We sincerely apologize for any error or omission. Please notify us of any oversight so we can make a correction in the future.