



A Citizen's Guide to Participation in the Wisconsin State Legislature

Prepared by the Wisconsin Legislative Council Staff, 2023

How to Contact Your Legislator

Citizens contact their legislators for various reasons. Here are some of the more common reasons:

- **To register a position on a bill or a specific topic.** One of the most common reasons for contacting your legislator is simply to express your experience with or opinion about something. It may be a bill that the Legislature will be voting on in the near future or a general topic that the Legislature is likely to take up. You may agree or disagree with your legislator's position on the subject. Whatever the case, a brief phone call or short e-mail message is usually all it takes to register your position. Legislative offices record this information, so that the legislator knows his or her constituents' viewpoints.
- **To request or recommend legislation on a specific topic.** Ideas for legislation come from many sources. One of these sources is individuals who contact their legislators. Your suggestion for legislation may relate to general public policy, such as reducing taxes or ensuring adequate funding for a particular program, or it may be a very specific recommendation in response to a particular problem that you have encountered.
- **To seek advice or assistance regarding a problem with state government.** Your legislator's office may be able to help you find the right person to talk to or help you understand what rights you have to appeal a government decision if you have questions about an interaction with a state agency.

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- **To seek advice or assistance regarding a problem with other entities.** Your legislator's office may be able to help you find resources to resolve a problem with an entity outside state government, such as finding staff at the Public Service Commission to help you deal with a utility billing problem or staff at the Department of Agriculture, Trade and Consumer Protection to look into deceptive advertising.

TOPICS YOUR LEGISLATOR CANNOT HELP WITH

There are limits to what a legislator or the legislator's staff can help you with. For example, a legislator cannot help you with the following:

- **Legal advice.** While your legislator's office can help you find a certain amount of information regarding the law, your legislator cannot give you legal advice. In many cases, individuals need legal representation to address a problem, and your legislator cannot provide this.
- **Court issues.** Court issues can only be addressed in the judicial branch of government. Your legislator cannot ethically influence these proceedings. Again, in these cases, you may need legal representation.
- **Federal issues.** Some issues are a matter of federal, rather than state, jurisdiction. If you contact your state legislator on one of these issues, he or she is likely to refer you to your representatives in Congress.
- **Local issues.** Similarly, local issues are outside the province of state legislators. However, your legislator may be able to put you in touch with someone in local government who can help resolve a problem.

HOW DO I CONTACT MY LEGISLATOR?

The first step in contacting your legislator is knowing who your legislator is. The easiest way to do this is the tool found on the Legislature's [home page](http://legis.wisconsin.gov) at <http://legis.wisconsin.gov>. In the center of that page is a button labeled **Who Are My Legislators**, where you can type in your address.

If you do not have computer access, you can call your local town, village, or city clerk's office to find out who represents you in the state Legislature. Your local library may be able to help you with this also.

There are several ways that you can contact your legislator:

- **Phone.** You can contact your legislator by phone, in the district, or at his or her Capitol office in Madison. You can find these phone numbers on the members' home pages. To find these, go to the Legislature's home page, at <http://legis.wisconsin.gov>, click on "Senators" or "Representatives," and then scroll down to find your legislator.

- **E-mail.** The e-mail addresses of members of the Wisconsin Legislature all have the same format. For members of the Assembly, the form is Rep.Jones@legis.wisconsin.gov; for members of the Senate, the form is Sen.Adams@legis.wisconsin.gov.
- **Mail.** You can reach your legislator by mail at one of the following addresses:
 - Representatives whose last names begin with a letter from A to L:
 - P.O. Box 8952, Madison, 53708-8952
 - Representatives whose last names begin with a letter from M to Z:
 - P.O. Box 8953, Madison, 53708-8953
 - All Senators:
 - P.O. Box 7882, Madison, 53707-7882

In addition, many legislators keep “office hours” or conduct listening sessions in their districts. These are specifically designed to give constituents direct access to the legislator. Watch the newspapers or the legislator’s website for announcements, or call the legislator’s Capitol office to ask if the legislator is planning such a session.

THINGS TO REMEMBER WHEN CONTACTING YOUR LEGISLATOR

- **Contact your own legislator.** If you have strong feelings about a bill, there is the temptation to contact the author to express your views, even if the author is not your legislator. You are certainly free to do so, but be aware that a legislator will give less weight to the opinion of residents of another legislative district. If you are requesting assistance, it is particularly important to contact your own legislators.
- **Give your name and contact information.** If you are asking for assistance, your legislator will need to know how to contact you. Put this information on the letter you send (if you send a letter), in case the envelope is lost or discarded, and in any email communications.
- **Be specific and clear.** If you are calling in regard to legislation, be sure you know the bill number before you call. If you are calling to recommend legislation, describe the problem that you believe needs to be addressed and, if you have a particular solution in mind, describe that as well. Also, be sure to state your reasons for the positions you want your legislator to take.

If you are calling for advice or assistance, describe the problem well. Give as many details as you can and do not withhold information. Your legislator’s staff will need a complete picture of the problem if they are to help you.

- **Be timely.** If you want to influence a vote, you need to get your correspondence to your legislator before the vote is taken.

- **Be personal.** To have the greatest impact, take the time to learn about the issue and then sit down and write an email in your own words or make a phone call stating your own thoughts. On particularly controversial topics, advocacy groups may send legislators hundreds of identical post cards or phone calls. To be sure, legislators count these contacts, but may give them less weight than individually composed communications.

In addition, to the extent possible, base your comments on your own experiences. A personal story has much more impact than a generic statement of position.

- **Be reasonable.** Try not to ask for something your legislator cannot do.
- **Be courteous.** If you are calling because you disagree with your legislator, remember common courtesy. Your first contact most likely will be with your legislator's staff, who is working to help you, even if you disagree with your legislator.