

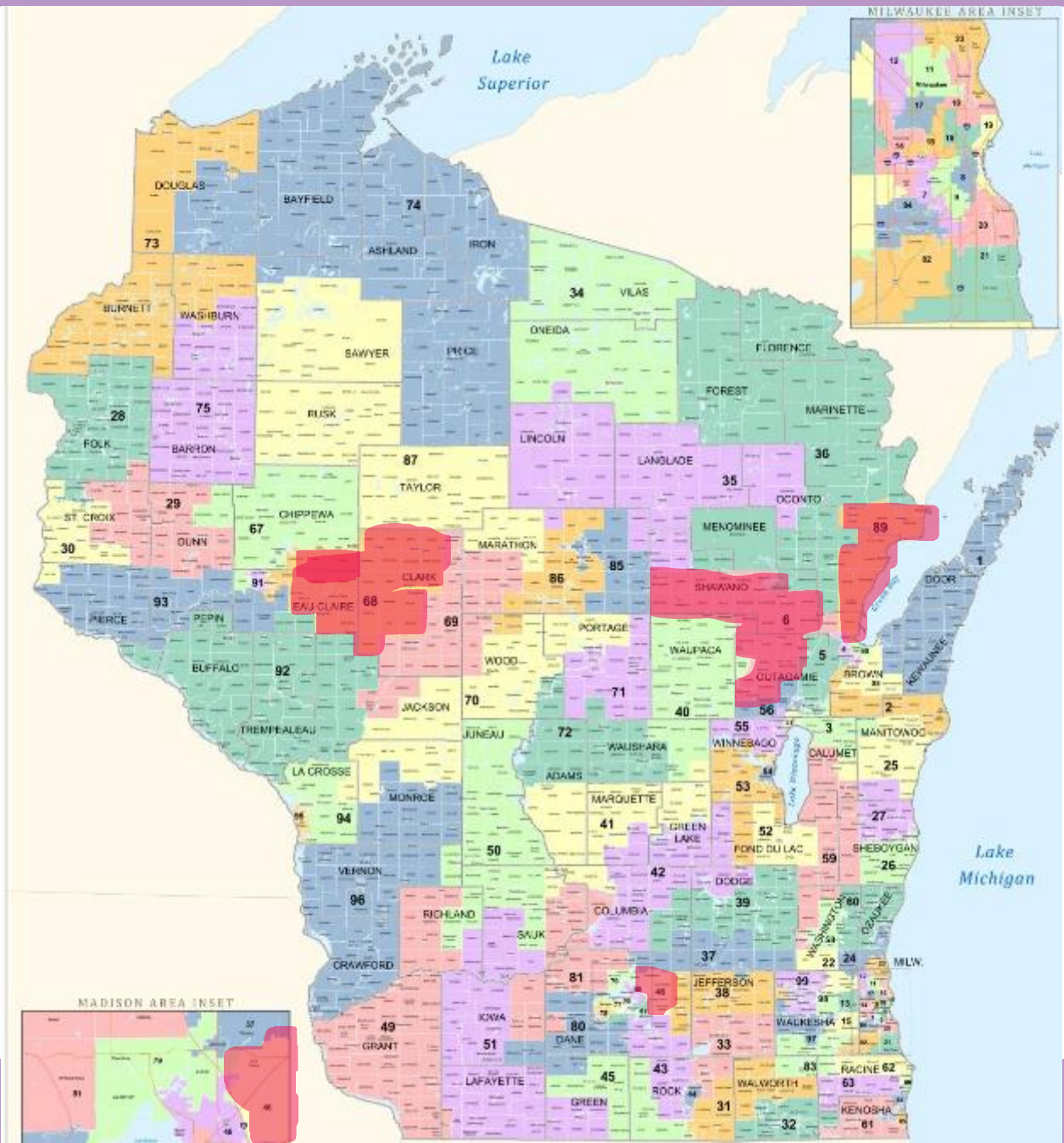


# **Family Resource Center**

Because Children Don't Come With Instructions.

## ***WELCOME***

**Speaker's Taskforce on Pediatric Obesity**



Assembly districts

68, 6, 89, 46

# Agenda

10:45 Introductions

11 Family Resource Center

11:25 Triple P

11:40 10-minute Break

11:50 Pediatric Obesity

lunch discussion

12:30 Photo





- Founded in 1999
- Oakwood Mall '11

# 2023 'FRC OF QUALITY'





# Family Resource Center



Welcome to the  
FRC Playroom



# MISSION

Build on families' strengths

Prevention, education, support

With other community agencies



Español

[The 5 Strengths](#)

[Why Strength Matters](#)

[Family Resource Center](#)

Learn the 5  
Strengths that  
keep every  
family strong.





Discussion topic: “Little Kids, Big Emotions”

# Parent Café

Wednesday Sept 20th 5:30 - 7:30

**FREE MEAL & CHILDCARE PROVIDED**

Registration required: [frcec.org/upcoming-events](https://frcec.org/upcoming-events)

# CONGRATULA

We have a New Baby Gift for you!  
Scan this QR code to schedule a home visit  
to pick up at:

Eau Claire & Dunn  
County Residents



## GIVE YOUR BABY THE BEST START

*We can't wait to meet you!*

### CHIPPEWA COUNTY:



Welcome Baby visits  
Baby & Me Playgroups  
Bright Start S.M.I.L.E.S.  
Home Visiting  
Parent Cafés  
Movin' & Groovin' class  
Play & Learn Playgroups:  
Chippewa Falls, Stanley,  
Cornell, Bloomer



715-720-1841



[riversourcefamilycenter.com](http://riversourcefamilycenter.com)



Bright by Text

Get texts to help you support your  
child's physical, intellectual and  
emotional development as they grow!  
To sign up, text BADGER to 274-448

### EAU CLAIRE AND DUNN COUNTIES:



Welcome Baby Visits  
Drop In & Play  
Dad's Group  
Toy Lending Library  
Home visiting  
Parent Cafés  
Triple P positive parenting  
program

Play 'N Learn playgroups: Eau  
Claire, Augusta, Altoona, Fall  
Creek, Fairchild



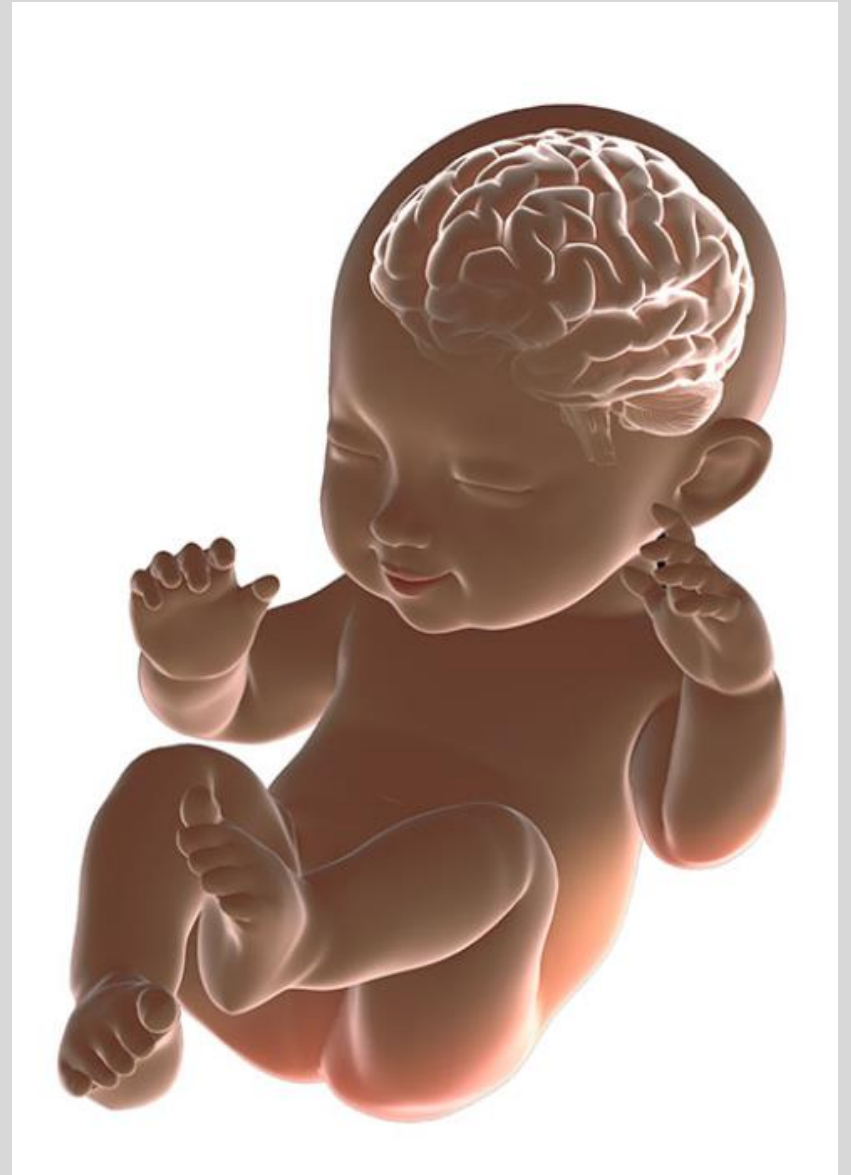
715-833-1735



[frcec.org](http://frcec.org)



*All programs provided at no charge to families*





# FAMILY ADVISORY COUNCIL



# Come and play!



Check our  
website for  
more  
information!



# Agenda

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# Overview of Triple P

The Triple P – Positive Parenting Program is a system of evidence-based education and support for parents and caregivers of children.



Population  
Health  
Approach

Tailored  
support for  
every family

40 + Years  
and  
Counting

Decades of  
research

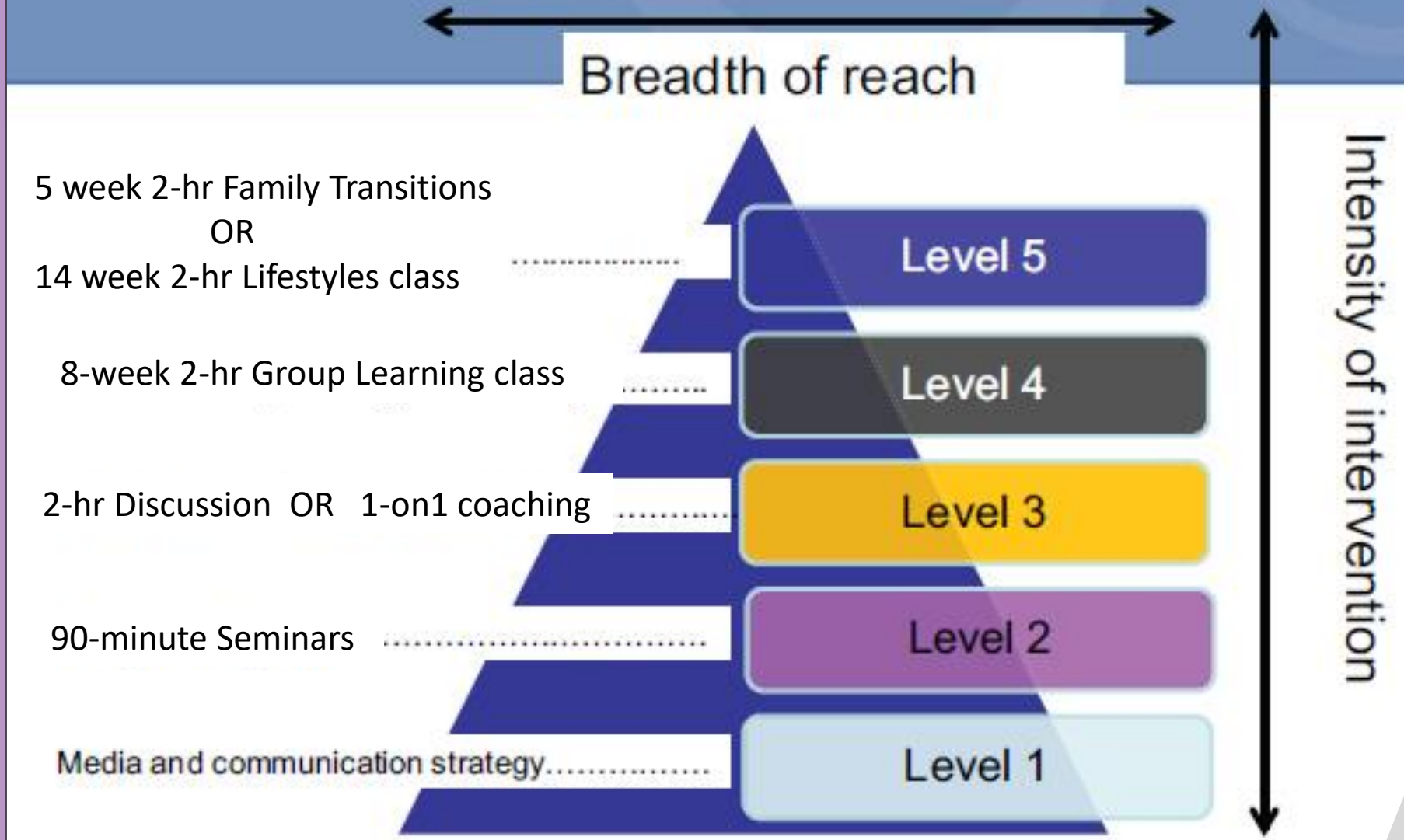
Proven  
Results

Improves child  
behavior,  
parent mental  
health &  
parenting  
skills and  
confidence



# Triple P: Multilevel system

Just the right amount of information at just the right time.

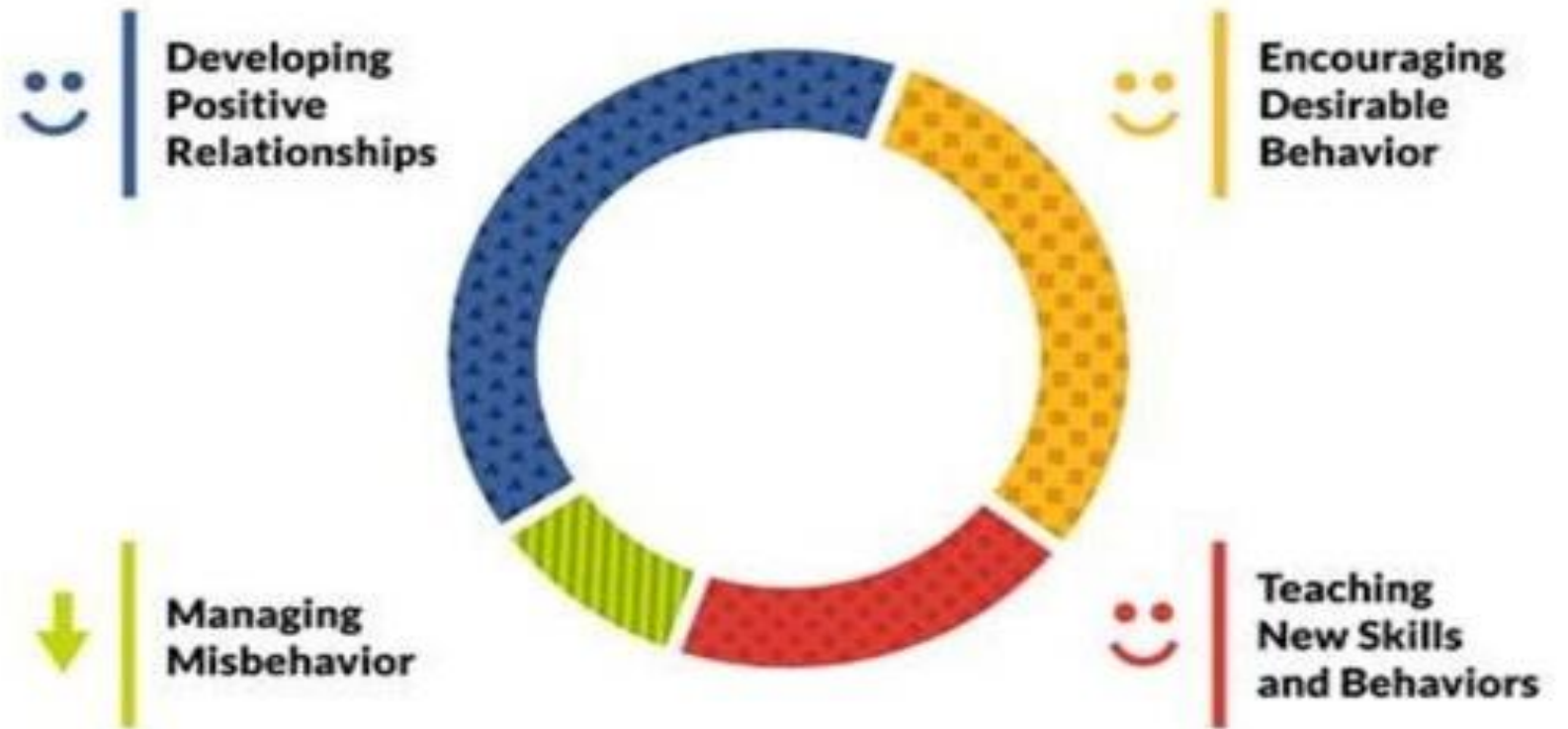


Parent-Led



# Triple P Vision

The Goal:  
**more positive in your days.**







TAKE A  
BREAK!



# PEDIATRIC OBESITY

Beth Draeger ECCCHD WIC Supervisor  
Mark Gideonsen MD Prevea Family Medicine  
Triple P LifeStyle

