

## TREIG E. PRONSCHINSKE

STATE REPRESENTATIVE • 92<sup>nd</sup> ASSEMBLY DISTRICT

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## **Giving Thanks to Our Everyday Heroes**

So many things are different now. We are not participating in our normal day-to-day activities with the current pandemic active worldwide. Our businesses and schools are closed, sports have been canceled, and we are in our houses most of the day. Many of the daily activities that we are used to have changed and have been disrupted, but hopefully things will go back to normal soon. As we stay hopeful, there are many ways that you can volunteer to help during this challenging time.

I want to thank all of our small businesses, childcare centers, healthcare employees, first responders, grocery workers, farmers, truckers and all of you for working together and keeping our local communities safe and strong. I am grateful that all of you are here to help us during our time of need. Your courage and sacrifice does not go unnoticed.

As we are currently are encouraged to stay indoors and have as little contact with others, there are many things we as members of our communities can be doing to support our friends and neighbors.

There are many different ways you can get involved, even from the comfort of your own home where you are able to maintain social distancing efforts. If you can, consider sewing masks for your local nursing homes and hospitals. This would be a great opportunity to teach kids a great life skill. Please continue to order food from our local restaurants. They can still deliver and provide curbside pickup for food and by ordering from them, you are helping a local business and its employees.

Remember, you can still go outdoors as well. Fresh air is a very important thing for our mental health and well-being. Consider taking up gardening and donating the excess crops to a neighbor, loved one or somebody in need.

Again, thank you to everyone doing their best during this crisis. This too shall pass soon.

As always, please feel free to reach out to my office for help, questions or concerns.

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