



TREIG E. PRONSCHINSKE

STATE REPRESENTATIVE • 92nd ASSEMBLY DISTRICT

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Contact: Rep. Treig E. Pronschinske
(608) 266-9192

The New Year is Here!

As the holiday season comes to an end, many of us are recovering from our food comas and saying goodbye to relatives who live far away. However, as we move into the New Year, many of us are trying to think of good resolutions to make for 2024.

The most common resolutions tend to be related to health, saving money, traveling more, getting organized or reaching other personal goals. These are all great ideas and can really help improve mental health and overall well-being.

Often times the hardest part of having New Year's resolutions is keeping them past the first month. A few helpful tips for this are to actually write them down and make a solid plan. You can even reward yourself for every week or month that you stick with it. If you stick to your resolutions that you came up with, it will also encourage other people around you to also keep their resolutions that they made.

After the past two years, we owe it to ourselves to live our lives as we see fit and to find happiness in the things we enjoy. So while having a New Year's resolution is a great thing, in the first month of the year make sure you take time of your day or week to things that matter to you and those around you. While 2024 may still bring struggles our way, let us start the year with hope surrounded by those we love. Having those you love around you makes whatever is happening in your life seem much more manageable.

In light of the New Year, I again want to thank you for allowing me to represent you and serve the 92nd Assembly District. It is an honor and a privilege to serve this great district and this great state that we all live in. I hope 2024 brings joy and new opportunities to you, your families, and your friends.

As always, feel free to contact my office with questions, comments, or concerns at Rep.Pronschinske@legis.wi.gov.

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