



# *Non-Profit of the Month: NAMI Wisconsin*



***The National Alliance on Mental Illness's Mission Statement:*** *NAMI recognizes that the key concepts of recovery, resiliency, and support are essential to improving the wellness and quality of life for all persons affected by mental illness.*

A major advocate on the federal, state, and local levels, NAMI lobbies for research and nondiscriminatory policies in both the private and public sectors. They work with the public to motivate community members to advocate too. This is critical in bringing attention to illnesses that are otherwise often hidden.

Their website, [here](#), provides information and referrals. Educational programs they provide include peer-to-peer and family-to-family support resources, groups therapies, and more.

NAMI's signature fundraising event are the NAMIWalks. Please join me and my friends, on [Team Vangstoff](#), as we participate in one this Saturday.