

Social Security Administration

1 (800) 772-1213

Medicaid (BadgerCare) Information

1-800-362-3002

Prevent Blindness Wisconsin

(414) 765-0505

Provides eye doctors who donate or have reduced rate pricing for eye exams for older adults.

WI Council of the Blind and Visually Impaired

(800) 783-5213

Provides Vision services that help you adapt to and cope with changing vision. The Council provides vision services in the areas of low vision, vision rehabilitation and assistive technology.



Behavioral Health of Milwaukee County

(414) 257-7222 24 Hour Crisis Line
(414) 257-8085 For Adult Services
Offers help for those living with a mental health disorder or substance abuse disorder by helping get connected to the resources needed to guide and support them.

Alzheimer's Association

(800)-272-3900 24/7 Helpline
Provides information on Alzheimer's disease and Dementia help.

Wisconsin Parkinson Association

(414) 312-6990 www.wiparkinson.org
Providing community, support, and

resources for people with Parkinson's and their loved ones

Senior Centers

O.A.S.I.S.

(414) 647-6061

2414 West Mitchell St.

Provides senior dining, senior fitness.



Wilson Park Senior Center

(414) 282-5566

2601 West Howard Ave.

Provides senior dining, senior fitness, recreation and wellness activities.

Milwaukee Christian Center

(414) 902-5384

807 South 14th St.

Provides senior dining (Asian Meals), socialization, recreation, and wellness programming.

United Community Senior Center

(414) 649-2807

730 West Washington St.

Provides senior dining (Hispanic Meals) at Noon, socialization, recreation, and wellness programming.

Open 7 days a week.



West Allis Senior Center

(414)-302-8703

7001 West National Ave.

Provides senior dining, fitness, games and recreation.

For additional information call Senior Dining at (414)-289-6995

Senior Center Monthly Menus are available on line at county.milwaukee.gov/aging or the Department on Aging's Facebook page at (facebook.com/MilwaukeeCountyDepartmentonAging)

Senior Center Monthly Activity Guide

Can be picked up at the senior centers or online <https://servingolderadults.org/>
These monthly guides list all the activities and events happening through the county-owned Senior Centers.

Meals on Wheels

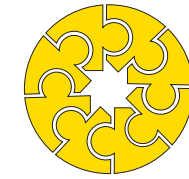
(414) 289-6874

Home delivered meals for homebound older adults 60 or older.

Hunger Task Force's Stockbox Program

(414) 777-0483

Provides a healthy and nutritious box of supplementary food for low income seniors free of charge.



Senior Resources Guide

Connecting Seniors & their Families with Community Resources



WISCONSIN STATE SENATE

TIM CARPENTER

SENATOR – 3RD DISTRICT



State Capitol
PO Box 7882
Madison, WI 53707-7882
Toll Free: (800) 249-8173
sen.carpenter@legis.wi.gov
carpenter.senate.wi.gov

Milwaukee County Aging Resource Center

(414) 289-6874
Hours: 8:00 am - 4:30 pm
county.milwaukee.gov/aging
Provides a single point of access to services for people aged 60 and over. Offers a wide range of programs and services including: Transportation, Senior Centers, Senior Dining, Wellness Programs, Meals on Wheels, Caregiver Support, Long Term Care Options, Dementia Care and Elder Abuse.



Vital Voices

(414) 771-4368
Provides Telephone Reassurance program for daily wellness checks on homebound older adults.

Eras Senior Network

(414) 488-6500
Matches volunteers with older adults to provide rides to medical appointments and grocery stores as well as friendly phone visits.

Family Caregiver Support Network

(414) 479-8800
Free resource center that helps family members and friends who are concerned about helping or caring for older adults.



National Do Not Call Registry

Help reduce telemarketing calls to your home. To Sign up call
(888) 382-1222
www.donotcall.gov/register/reg/asp.
Report violations of your registered number to help stop violators:
(800) 422-7128

Wisconsin Home Energy Assistance Program

(866) 432-8947
Milwaukee County Energy Assistance
(414) 270-4653
Provides heating and electric assistance to those who are eligible. Schedule an appointment online at
www.ca-apps.org/MilwaukeeHeat/.

MCDA Transportation

(414) 289-6874
Transit program for older adults offering scheduled door-to-door transportation



Milwaukee County Veteran Affairs

(414) 266-1234
6419 West Greenfield Ave.
Hours: M-F 8:00 am - 4:30 pm
No appointment necessary, walk-ins welcome. Information on grants, loans and services for Wisconsin veterans and their families.

Crime Prevention and Block Watch

Milwaukee Police
2nd District (414) 935-7228
6th District (414) 935-7268
West Allis Police (414) 302-8000
West Milwaukee Police . . . (414) 645-2151
Greenfield Police (414) 761-5300

Medication Disposal & Collection

For properly disposing of unused, unwanted, or old medications to prevent them from being taken by others or harming our water supply. For information on Medication Disposal, Times and Locations call the local departments non-emergency Numbers listed above.

Senior Advocacy

SeniorLAW

(414) 278-1222
Provides assistance with public benefits such as Medicare, Medical Assistance, Long Term Care, Social Security, SSI, Food stamps, subsidized housing or Homestead Credit through attorneys and benefit specialists.

Social Development Commission

(414) 906-2700
Provider of human service programs for low-income individuals, offers help applying for programs including Medicare, FoodShare and Senior Care. Other programs include Foster

Grandparent Program, Senior Companion program and Vita Tax Assistance.

Elder Rights Project-Legal Action of Wisconsin

(844) 614-5468 or
email us at nmz@legalaction.org
Provides Civil legal aid to elder abuse victims, age 60 and over, regardless of income.

Coalition of Wisconsin Aging & Health Groups

(800) 488-2596 www.cwag.org

AARP Wisconsin State Office

866-448-3611 www.aarp.org/states/wi/

Health Care

Medicare Benefits

(800) Medicare (633-4227)
TTY 1-877-486-2048

Medigap Helpline

(800) 242-1060
Counselors can help you evaluate your Medicare supplemental insurance.

Medigap Part D Helpline

(855) 677-2783

SeniorCare Information

1 (800) 657-2038
Prescription drug plans for Wisconsin seniors.

