

Dear neighbor,

Aging can be difficult, all the more so when our lives are touched by Alzheimer's or other forms of dementia. For those who have one of these illnesses, remaining independent each day can be challenging. For family and friends, helping the ones we love can take an emotional and financial toll.

I would like to help family caregivers who find themselves with this challenge. As a member of the Committee on Aging and Long-Term Care and a participant on the Speaker's Task Force on Alzheimer's and Dementia, I understand that community resources are invaluable. For that reason, I have prepared this listing of programs in the Milwaukee area that may be of help to you as you help your loved ones.

In service,



Jonathan Brostoff  
State Representative

**For more information on Alzheimer's and Dementia, please contact:**

- Alzheimer's Association  
(800)272-3900
- Wisconsin Alzheimer's Institute  
(414)219-5083
- Alzheimer's Foundation of America  
(866)232-8484
- Alzheimer's and Dementia Alliance  
(608)232-3400
- UW Alzheimer's Institute  
[WAI.Wisc.edu](http://WAI.Wisc.edu)

**For help, such as needing healthcare or food, please contact the United Way at (866)221-3380 or simply dial 211.**



# Alzheimer's & Dementia

*A resource guide for the  
Milwaukee Area*



Compiled for you by

STATE REPRESENTATIVE  
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## **Caregiver Support**

Caring for a loved one can be difficult. Below is a list of programs to help you help your loved one.

### **Family Caregiver Support Network**

(414)220-8600

### **Froedtert Medical College**

(414)805-3666

### **Wheaton Franciscan Healthcare**

(414)645-9095

## **Adult Day Centers**

These programs offer adult day-service and many offer a variety of additional services such as haircuts, bathing, overnight respite care, and enrichment activities. Many have an associated cost but may offer financial assistance.

For additional locations, please call the Alzheimer's Association at (414)479-8800.

### **Aurora Adult Day Service**

(414)374-4000

### **St. Ann Center**

(414)977-5000

### **Jewish Home & Day Service**

(414)289-9600

### **Generations Adult Day Center**

(414)220-4610

## **Support in the Community**

### **Aging Resource Center (ARC)**

Provides information to help people stay active, independent, and connected.

(414)289-6874

### **SPARK**

Provides opportunities to enjoy art.

[http://www.alz.org/sewi/in\\_my\\_community\\_19695.asp](http://www.alz.org/sewi/in_my_community_19695.asp)

### **Interfaith Older Adult Program**

Provides assistance with daily tasks and offers recreational opportunities.

(414)291-7500

### **Milwaukee County Senior Center**

Offers a variety of recreational and educational activities throughout several locations.

(414)286-8210

### **In-Home, Non-Medical Respite Care**

The Alzheimer's Association can provide you with a complete listing for dozens of providers across Milwaukee.

(414)479-8800

### **Senior Meal Program**

Offering of free meals at several locations or delivered to the home.

(414)289-6995

### **Silver Alerts**

Similar to an Amber Alert, a state-wide alert can be sent through the community if an adult with Alzheimer's or dementia is missing. To use the system, simply call 911.

## **Music Therapy**

Music has been found to be very therapeutic to people suffering with memory loss as it uses a portion of the brain typically less damaged by Alzheimer's.

### **Melodies and Memory Choir**

Community choir for people who experience memory loss and dementia.

(414)219-5127

### **Music and Memory Programs**

Personalized music playlists to tap deep memories not lost to dementia.

<https://www.dhs.wisconsin.gov/music-memory/participants.htm>

## **Memory Cafés**

Memory Cafés organize social events, such as games and music, as well as providing a safe place to be social for people suffering with memory loss, dementia, or mild cognitive impairment and their caregivers.

Please call ahead for the monthly schedules at each of these locations, or call the Alzheimer's Association at (414)479-8800.

**United Methodist Church** (414)744-4036

**Cranky Al's** (414)258-5282

**Daddy's Soul Food & Grill** (303)732-3397

**Ferch's Malt Shoppe** (414)423-1414

**Miss Katie's Diner** (414)344-0044

**Three Lions Pub** (414)763-6992

**Pitch's Express** (414)277-8838